Limited Thyme Sale

Starts Thursday 10/30 at 10am through Sunday

Marinated Chicken Breast Meal Solutions

$6.99 LB

cooks in minutes

while supplies last

ROOTED IN TRADITIONS

FRESH THYME MARKET

BUY ONE GET ONE FREE

Raspberries or Blackberries
6 oz

6.99 LB

Fresh Atlantic Salmon Fillets

REGAL

Fresh Regal King Salmon Fillet
21.99 LB

shop over **300** items during our

SUPER BOGO SALE

buy one get one free & buy one get one 50% off!

California Pomegranates
BUY ONE GET ONE FREE

Clementines
3 lb bag
BUY ONE GET ONE FREE

Organic Gala, Fuji, or Granny Smith Apples
3 lb bag
BUY ONE GET ONE FREE

Hass Avocados
4 ct bag
BUY ONE GET ONE FREE

Melissa's Baby Dutch Yellow or Red Potatoes or Baby Gemstone Potatoes
1.5lbs
BUY ONE GET ONE FREE

In-Husk Sweet Corn
BUY ONE GET ONE FREE

Braga Farms Chopped Salad Kits
8.5-9.6oz
BUY ONE GET ONE FREE

Grimmway Farms Cal Organic Organic 2lb Cello Carrots or 2lb Cello Rainbow Carrots
BUY ONE GET ONE FREE

All-Natural Baby Back Pork Ribs
1.5-2.5 lb
BUY ONE GET ONE FREE
of equal or lesser price

Farm Promise Sea Salt Butt Roasts, Loin Filets or Tenderloins
1.5-2.5 lb
BUY ONE GET ONE FREE
of equal or lesser price

Hatfield Marinated Pork Loin Filets or Tenderloins
1.5-2.5 lb
BUY ONE GET ONE FREE
of equal or lesser price

Large 41/50 ct EZ Peel Raw Shrimp
sold only in 2 lb bags
BUY ONE GET ONE FREE

Joseph's Pita Bread or Wraps
10 ct
BUY ONE GET ONE 50% OFF

Kicking Horse Organic Ground or Whole Bean Coffee
10 oz
BUY ONE GET ONE FREE

Elmhurst Milk or Creamer
16-32 oz
equal or lesser value
BUY ONE GET ONE FREE

Knudsen Juice
32 oz, mix or match, equal or lesser value
BUY ONE GET ONE FREE

Terra Vegetable Chips
5 oz
BUY ONE GET ONE FREE

Good Health Veggie Sticks, Straws or Potato Chips
5.5-6.25 oz
BUY ONE GET ONE FREE

Fresh Thyme Plantain Chips
5.46 oz
BUY ONE GET ONE FREE

Rotten Gummy Candy
3.8 oz
BUY ONE GET ONE FREE

Henning Cheddar Cheese
8 oz
BUY ONE GET ONE FREE

Bitchin' Sauce Plant Based Spreads
8 oz
BUY ONE GET ONE FREE

Wicked Kitchen Meal Crust Pizza or Pizzettes
12.15-13.75 oz, mix or match, equal or lesser value
BUY ONE GET ONE FREE

Primal Kitchen Pasta Sauce
11-24 oz
equal or lesser value
BUY ONE GET ONE FREE

SUPER BOGO SALE

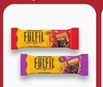
buy one get one free

Circ
Energy Bites
1.76 oz

BUY ONE GET ONE FREE

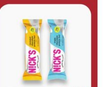
Clif
Energy Bars
2.4 oz

BUY ONE GET ONE FREE



Fulfil
Protein Bars
1.94 oz

BUY ONE GET ONE FREE



Nick's
Protein Bars
1.76 oz

BUY ONE GET ONE FREE

PKN
Pecan Milk
12 oz

BUY ONE GET ONE FREE

Savage Jerky Co.
Jerky
1.6 - 2.2 oz

BUY ONE GET ONE FREE

Shroomi
Mushroom Coffee
12 oz

BUY ONE GET ONE FREE

Simple Mills
Soft Baked Bars
1 pk, 5.99 oz

BUY ONE GET ONE FREE

Icelandic Glacial
Natural Spring Water
1 liter

BUY ONE GET ONE FREE

La Familia
Sloppy Joe Sauce
14 oz

BUY ONE GET ONE FREE

Ya Oaxaca
Mole Sauce
7 oz

BUY ONE GET ONE FREE

Alessi
Risotto Meals
4.5–8 oz

BUY ONE GET ONE FREE

The Daily Crave
Lentil Chips
4.25 oz

BUY ONE GET ONE FREE

Boomerang's
Frozen Entrees
6–8 oz

BUY ONE GET ONE FREE

Clearly Canadian
Sparkling Water
11 oz

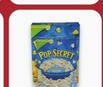
BUY ONE GET ONE FREE

Fentimans
Botanical Craft Sodas
9.3 oz, 4 pk

BUY ONE GET ONE FREE

Ten Water
Alkaline Spring Water
28 oz

BUY ONE GET ONE FREE



Pop Secret
Microwave Popcorn
10.2 oz, 6 pk

BUY ONE GET ONE FREE

Culture Pop
Probiotic Soda
7 pk/12 oz

BUY ONE GET ONE FREE

Saffron Road
Frozen Entrees
10 oz

BUY ONE GET ONE FREE

Cappello
Frozen Pasta
9.9 oz

BUY ONE GET ONE FREE

Waiakea
Hawaiian Volcanic
Alkaline Water
16.9 oz, 6pks

BUY ONE GET ONE FREE

Kuli Kuli
Superfoods
select items
equal or lesser value

BUY ONE GET ONE FREE

Miyokos
Plant Based Spreads
8 oz

BUY ONE GET ONE FREE

Wildbrine
Sauerkraut or Kimchi
16 oz

BUY ONE GET ONE FREE

De La Calle!
Tapatío Modern
Mexican Soda
12 oz

BUY ONE GET ONE FREE

Probiotic & Digest SalePrebiotic or Digest Support Supplements
select variety, equal or lesser value
BUY ONE GET ONE 50% OFF

Good Day Chocolate
8 ct, equal or lesser value
BUY ONE GET ONE FREE

ENTIRE LINE ON SALE
Tom's of Maine
equal or lesser value
BUY ONE GET ONE 50% OFF

ENTIRE LINE ON SALE
Wedderspoon Honey Drops
equal or lesser value
BUY ONE GET ONE 50% OFF

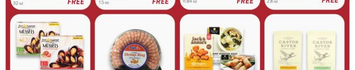
Dr Bronner's Toothpaste
4 oz, 5 oz
BUY ONE GET ONE 50% OFF

Seven Organic Oat Creamer
32 oz
BUY ONE GET ONE FREE

Hail Merry Dessert Cups
4 ct
BUY ONE GET ONE FREE

Miss Jones Baking Co Refrigerated Cookie Dough
9.09 oz
BUY ONE GET ONE FREE

Choxi Chocolate Bars
2.18 oz
BUY ONE GET ONE FREE



Pier 33 Gourmet Fully Cooked Mussels
White wine, butter, garlic or tomato garlic, 16 oz, mix and match
BUY ONE GET ONE FREE

Fully Cooked 61/70 or Shrimp Ring & Sauce
10 oz
BUY ONE GET ONE FREE

Jack & Annies or Royal Asia Frozen Meals
12 oz to 16
BUY ONE GET ONE FREE

Castor River Rice
10-12 oz
BUY ONE GET ONE FREE

Cauliflower Frozen Pizza
10.9-11.3 oz
BUY ONE GET ONE FREE

R.W. Garcia Organic Crackers
5.5 oz
BUY ONE GET ONE FREE

Minor Figures Barista Oat Milk
32 oz, shelf stable
BUY ONE GET ONE FREE

Perfect Foods Refrigerated Protein Bars
1.41-2.5 oz
BUY ONE GET ONE FREE

Watkins Sprinkles or Decorating Sugar
1.75-4.5 oz
BUY ONE GET ONE FREE

ENTIRE LINE ON SALE
Waterboy Hydration Supplements
BUY ONE GET ONE FREE

ENTIRE LINE ON SALE
Cannbowl CBD Wellness Supplements
equal or lesser value
BUY ONE GET ONE FREE

Free AF Non-Alcoholic Seltzer
12 pk, 8.4 oz
BUY ONE GET ONE FREE

Boar's Head Brown Sugar & Spice Delight Deluxe Ham
8.99LB

Boar's Head London Broil Roast Beef
Or White American Cheese
13.99LB
6.99 LB

Perdue Air Fryer Ready Crispy Wings
roasted or lemon pepper, 22 oz
9.99

Goldshull's Sliced Beef Bacon
10 oz
6.99

Grab & Give

Purchase a pre-filled bag of pantry staples, we'll set aside in-store, and it will be donated to a local food bank.

How to donate:
1. Grab a tag
2. Checkout
3. Donate

Prices valid 10/29/25–11/4/25 at our Michigan locations

We reserve the right to correct pricing errors. Not all items available in all stores. We reserve the right to limit quantities. Mobile deposit is a valid way to pay at this store, where applicable. Base and sale purchases are subject to state taxes. WIC and SCF, available in Hops and Grapes liquor store locations only. 21% max of TFCF, no. of beer and 5,000 mL of wine can be purchased at any one time.

ENJOY THESE PRODUCE DEALS

Small Potatoes, Big Flavor

2/$7

Little Potato Company Microwave Ready Trays
1 lb
savory herb, garlic parsley, roasted garlic rosemary thyme, hot honey

or

Little Potato Company Roast or Grill Ready Trays
1 lb
garlic herb, onion chive, garlic parm

2.99

Tasty Little Digs Fingerling Potatoes
24 oz
yellow, red and yellow medley
excludes organic

or

Tasty Little Digs Baby Potatoes
24 oz
red, yellow, purple, red and yellow medley
excludes organic

3 DAY SALE
Oct. 29-31
Slices and Sweets
stock up for Halloween night with pizza and treats!
TOMATOES HAVE LEFT THE CHAT
WHITE PIZZA
MILK & DARK CHOCOLATES
All Halloween Candy 30% OFF
Daiya
MEATLESS MEAT LOVER'S
All Frozen Pizza BUY ONE GET ONE 50% OFF
PEPPERONI Pizza
WITCH WARTS
URBAN PIE
Uncured Pepperoni
THE CRUST MADE FROM CHICKPEAS.
2 PIZZA CRUSTS

Let us do the cooking

Reserve your fully cooked Thanksgiving Meal today

Frick's Smoked Whole Turkey, Gruyere Garlic Mashed Potatoes, Green Bean Amandine, Rainbow Carrots with Lemon Herb Butter, Hooples Cranberry Relish, Turkey Gravy, Cornbread Sausage & Sage Stuffing

reserve in store or call today!

SHOP NOW

ROOTED IN TRADITIONS

LAIRD SUPERFOOD
Supports brain, energy, immunity and mood
TRY SOMETHING NEW
ORGANIC
Performance
Mushrooms
SHOP NOW
LAIRD SUPERFOOD
PERFORMANCE MUSHROOMS
CHAGA, LION'S MANE, MAITAKE, AND CORDYCEPS
45 SERVINGS PER BAG
VEGAN & NON GMO
4 SUPERFOOD INGREDIENTS
DAIRY FREE SOY FREE
USDA ORGANIC
NET WT 3.17oz (90g) • DIETARY SUPPLEMENT

Experience tea
at its *finest*

SHOP NOW

RISHI
TEA & BOTANICALS